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Sociologists, therapists and
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David Niven, Ph.D.,
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Scientists, academics and counsellors have spent entire careers investigating the nature of relationships, dating, and marriage, yet their findings are inaccessible to ordinary people, hidden in obscure journals and read only by other academics. Now the bestselling author of the 100 Simple Secrets series has collected the most

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current and significant data from more than a thousand studies on relationships, and spells out the key findings in plain English.

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The 100 Simple Secrets of Successful People takes the best and most important research results from over a thousand studies and spells out the key findings in ways we can all understand. Each entry contains advice based on those findings, a real life example of what to do or not to do, and a telling statistic based on scientific research.

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About the Author. David

Niven, Ph.D., bestselling

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With this book I've read all the books in David Niven's 100 Simple Secrets series. Each book reveals secrets about a different area of life and I enjoyed reading this one very much. It's a good reminder off what

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really matters to make your
family relationships the
best they can be.
Use It David Niven

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